

DAY TRIPS

Rome is filled with historical, cultural and religious landmarks but after you've lived here for a while you may have gotten to the point where you have "been there, done that." If this is your case here are some places and activities in and around Rome that you can explore and make a day of it.



ANZIO

This small seaside town packs a lot of history dating back to Imperial Roman times and is the city of birth of emperors Caligula and Nero. There are remains of Roman villas, including one that has been identified as belonging to Nero. Anzio also had a significant role in World War II for the battle that was fought there. American and British soldiers landed on the beach head there in their operation to reclaim Italy for the Allies. There is a museum and cemetery to commemorate the significance of the battle to the town in their quest for liberation.

Take the Metro A to Termini Station. Buy a Regional Train (Regionale TrenItalia) to Nettuno. Find the platform that your train departs from. Get off at Villa Claudia station. From there walk towards downtown where a majority of the sights are.



CASTEL GANDOLFO

This area 15 miles southeast of Rome around Lake Albano has been a nice getaway for centuries. Its most famous part time resident is the Pope who has a summer vacation residence at Apostolic Palace of Castel Gandolfo. Under Pope Francis, tourists are allowed to visit the Castel Gandolfo Gardens. In addition to the Summer Residence, the area is renowned for its amatriciana and spaghetti alla carbonara pasta dishes. If you are simply looking for a serene day walk around the lake and look at the 16th century villas along the crater of this ancient extinguished Volcano.

Take the Metro to Termini Station. Buy a Regional Train (Regionale TrenItalia) to Albano Laziale and get off at the Castel Gandolfo station.

http://www.museivaticani.va/3_EN/pages/-zinfo/MV_Info_Servizi_Visite.html#castelgandolfo

NOTE: Remember to dress church appropriate cover shoulders & knees

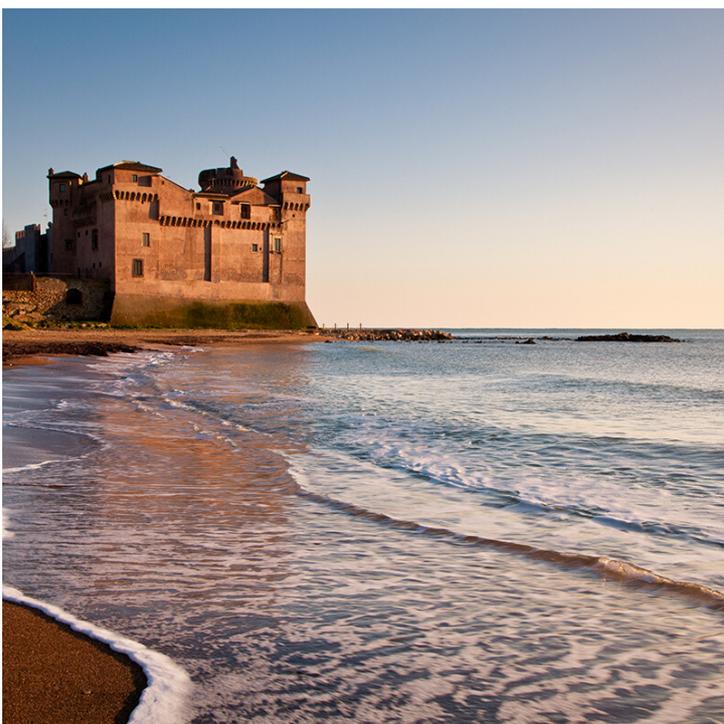
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OSTIA ANTICA

Not many people have been to a ghost town but Rome has its very own. This ancient “port town” was founded by the Romans so long ago that it used to be located at the mouth of the Tiber River and the Tyrrhenian Sea until the passage of time moved the shoreline miles out to the west leaving ancient Ostia high and dry. It has been noted as the “Pompeii of Rome” and in many instances better preserved. You can imagine what it was like to be a Roman walking around shops, ancient temples, apartment blocks, warehouses, taverns, and the massive theater in the center just as they did over 2,000 years ago. It is very easy to get to from the center of the city and a nice, touristic stop-off as you head down to the beach. For information please visit: <https://www.ostiaantica.beniculturali.it/en/home/>

Take the Metro to Termini Station. Switch to the Metro B at Termini (direction Laurentina) to Basilica San Paolo. Switch from the Metro B to the regional train (FC2 Cristoforo Colombo) and take it to the Ostia Antica train station. When you come out of the station you will see a bridge that goes over the highway. Walk over that bridge and on the other side follow the signs to the ticket office.



SANTA SEVERA

Italy is known for its sunny days and endless picturesque coasts. There are over 4,720 miles of coastline in Italy and because it is a peninsula a beach and the Mediterranean are never far away. Both Santa Marinella and Santa Severa are popular with wind-surfers and standup paddle boarders. At the start of the beach in Santa Severa lies the 11th century Castello Santa Severa, another gem among Italian monuments, so you can combine history with sunbathing. There are plenty of “free beach” area, but for between €10 and €18 for the day you can rent a lounge chair and umbrella.

Take the Metro to Termini Station. Buy a Regional Train (Regionale TrenItalia) to Santa Severa. Walk about 10 minutes from Train station to the beach.